small. He had given instructions that proposed new appointments should be approved by him before being made.'

It is to be regretted that the Minister did not take a firm stand and promise that every one of these "family" appointments should be terminated at the earliest possible date, including that of Miss Joan Cunnison, who lives with her parents at Chalfont St. Giles and acts as her father's chauffeuse as well as his Secretary, for which comfortable appointment she receives £200 a year. Promotion in the Civil Service should be made from its qualified members on merit and services, and not by personal relations of people in power.

When it is realised that Mr. Alexander Cunnison, the Deputy Secretary to the Ministry of Pensions, receives a salary of £1,700 per annum, the enormity of this appointment becomes the more astounding.

As an overtaxed member of the public we strongly protest against these crushing Government salaries.

APPOINTMENTS.

ASSISTANT MATRON. Seaham Hall Sanatorium, Seaham Harbour.—Miss N. Ander-son, S.R.N., has been appointed Assistant Matron. She was trained at the Staincliffe Hospital, Dewsbury; and has been Ward Sister at the City Infirmary, Nottingham; Assistant Nurse at the Black Fell Sanatorium, Birtley; Sister at the Middleton Sanatorium, Ilkley; and Home Sister at Moorfields Eye Hospital, City Road, London, E.C.

Sister. Tutor's Certificate of King's College of Household and Social Science; and is an Examiner to the General Nursing Council Council.

National Temperance Hospital, Hampstead Road, Lon-don, N.W.—Miss Eileen White, S.R.N., has been appointed Sister Tutor. She was trained at the City General Hospital, Sheffield, and has been Sister at the Alma Road Hospital, Rotherham; Sister at the Woolwich War Memorial Hospital; Ward Sister, Night Sister, and Assistant Sister Tutor at the Mayday Hospital, Croydon.

ANNUAL REPORT ON THE STATE OF THE PUBLIC HEALTH.*

As we go to press, we have received for official use the Annual Report on the State of the Public Health of the Chief Medical Officer of the Ministry of Health for the year 1938.

This Report is of an exceedingly valuable nature, being a survey of matters of vital importance to the national health, on which we shall hope to comment in our next issue.

The Report touches on: (1) The State of the Public Health; (2) Progress and the Public Health; (3) Vital Statistics; (4) General Epidemiology — Scallet Fever, Measles, Diphtheria, Smallpox, Poliomyelitis; (5) The Enteric Group of Fevers; (6) Emergency Hospital Organisation and Medical Arrangements in connection with Civilian Evacuation; (7) Maternity and Child Welfare; (8) Relation of Food to Health and Disease; (9) Milk; (8) Relation of Food to freatur and Elsease, (c) max,
(10) Control of the Purity of Food; (11) Cancer; (12)
The Insurance Medical Service; (13) Tuberculosis; (14)
Tuberculosis in Wales; (15) Venereal Diseases; (16)
Medical Intelligence in Research; (17) Water Supplies;
(18) International Health Work; (19) Conclusion; (20) Appendices.

This valuable Report is filed at the British College of Nurses, 19, Queen's Gate, London, S.W.7, and can be borrowed by subscribers to the BRITISH JOURNAL OF NURSING.

* Published at His Majesty's Stationery Office, price 3/6.

THE TYRANNY OF THE EVACUATION SCHEME. No Room for Her Own Children at Christmas.

A woman said recently at the Eastbourne Billeting Tribunal: "My son, who is serving, and my daughter, who is a nurse, wish to come home for Christmas, and I cannot accommodate them unless you move the two children billeted on me."

The chairman, Mr. R. A. Gordon, K.C.: "There are many people in Eastbourne who will not be able to have their relatives with them this Christmas owing to evacuees.'

The woman, who said her health was suffering, was advised to produce a medical certificate.

How about the liberty of the nation for which we are informed we are at war? A "new Europe" as projected by the Prime Minister is hardly a tempting proposition, failing the sanctity of the home.

THE SICK AND WOUNDED IN WAR,

The Lord Mayor's Red Cross Fund for Sick and Wounded in War is nearing £800,000. In order to avoid overlapping, the Scottish Branch of the Red Cross has agreed to associate itself with the Mansion House Fund.

BRAVO, CANADA !

Mr. Norman Somerville, K.C., Chairman of the Canadian Red Closs Society, announces the receipt from an anonymous donor in Toronto of \$150,000, the gift having been earmarked to pay the entire cost of the hospital buildings which are now being erected by the society at Taplow, Bucks. This gift has brought the total collected throughout the Dominion since the campaign was launched on November 12th up to the \$3,000,000 which was the objective.

CONCENTRATED NOURISHMENT.

In these days of stress and anxiety, the need for a form of concentrated nourishment is more than ever apparent.

Nurses, their patients, and other workers are undergoing a period of high nervous tension, and we would recommend a trial of "Ovaltine," an easily digested and readily

acceptable form of nourishment. "Ovaltine" possesses many advantages over ordinary food drinks. It is derived from malted barley, full-cream milk and new-laid eggs from the world-famous "Ovaltine" farms, and contains vitamins A-B complex and D and important mineral elements. It possesses special proper-ties which make milk more digestible and thus easily assimilated even in the most serious cases.

"Ovaltine" was widely used in the war-time hospital service during 1914-18, both in England and overseas. Supplies are available to hospitals in special packings and at special prices.

A GREAT COMFORT.

What greater comfort can be imagined than to tuck into bed, these long chilly nights, a bed warmed by a hotwater bottle.

A make of hot-water bottle we can readily recommend is the "Ingram's Eclipse"; it is made in four sizes, in red or drab para rubber, and the prices range from 4s. 6d. to 7s. 6d. The patent stopper and reversible washer provide the extra advantage of two washers in one, a washer that cannot be lost. When a new one is required, simply take off and reverse, and a new one is in place; it forms a complete water-tight joint, preventing leakage.

All good chemists can supply the Ingram's " Eclipse " hot-water bottle. No more appropriate gift can be given at Christmas than one of these most comforting bottles.

We are indebted to the courtesy of the National Institute for the Blind for the loan of the blocks on page 291.



